

## “SATURATE YOUR SOUL”

### Psalm 1

You can lead a horse to water but you can't make him drink. In this series, God has been drawing us to Himself—the spring of living water. Now it's time to decide to drink. Ready to saturate your soul?

#### I. PEOPLE AND SATURATION

#### II. PROCESS OF SATURATION

A. Drink with \_\_\_\_\_

B. Drink with \_\_\_\_\_

C. Drink Each \_\_\_\_\_

#### III. PRODUCT OF SATURATION

A. \_\_\_\_\_ Fruit

B. \_\_\_\_\_ Fruit

## DISCUSSION QUESTIONS

1. Review Psalm 1:1. What would be a contemporary example of avoiding the counsel of the wicked, the way of sinners and the seat of mockers? Who has the most influence in your life?
2. What is your “delight level” in the Word? How does it compare to your “delight level” in the Lord? Have you acquired a taste for the Word?
3. When believers grow in their knowledge and application of God's Word, they experience closeness with God and life-change. To what degree has this been your experience as of late?
4. Read John 15:1-17. Though the metaphor changes here from trees and water, to branches and vines, what parallels do you see between the two passages? Are you remaining at home in the Lord?

A stone path leads from the foreground into a dark cave. At the end of the path, a bright blue light emanates from a cave opening, illuminating the surrounding rocks and creating a misty atmosphere. The text 'saturate before using' is overlaid on the scene.

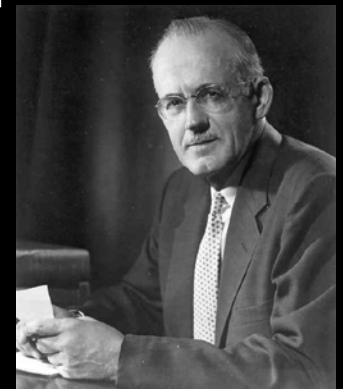
**saturate** before using

# I. PEOPLE AND SATURATION

## A. Warning: Worldly Detractors

“Whatever keeps me from my Bible is my enemy, however harmless it may appear to be. Whatever engages my attention when I should be meditating on God and things eternal does injury to my soul. Let the cares of life crowd out the Scriptures from my mind and I have suffered loss where I can least afford it. Let me accept anything else instead of the Scriptures and I have been cheated and robbed to my eternal confusion.”

A.W. Tozer



# **I. PEOPLE AND SATURATION**

**A. Warning: Worldly Detractors**

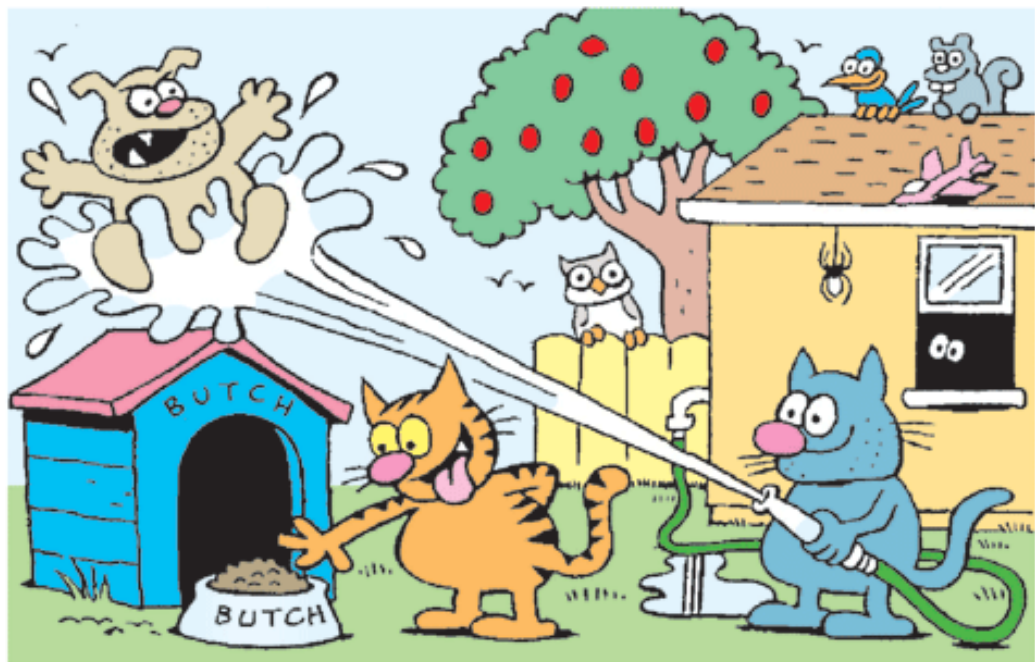
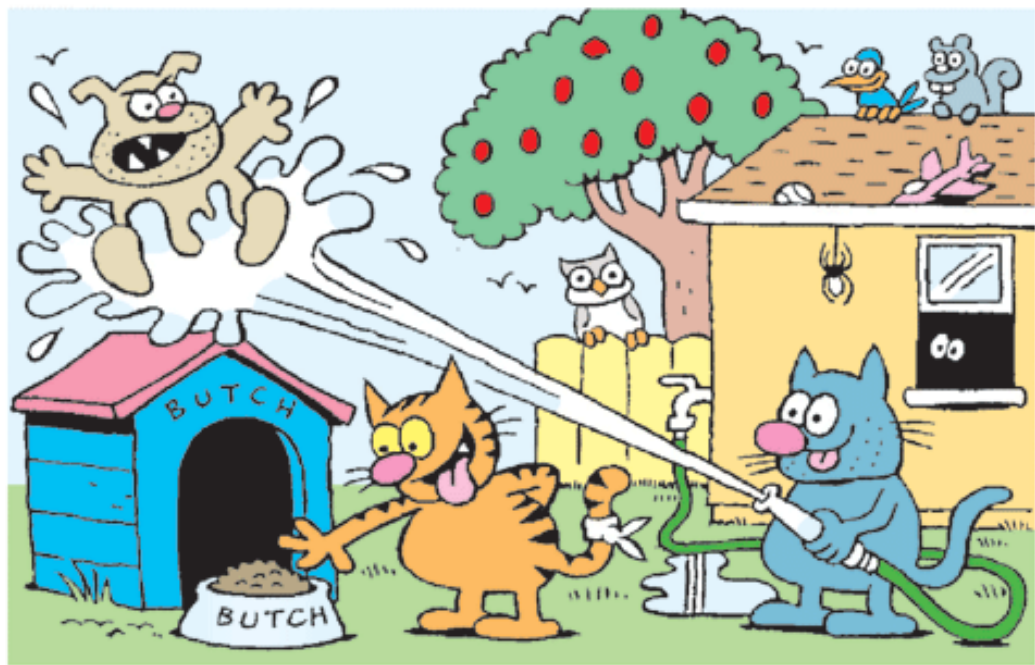
**B. Wisdom: Word Drinkers**

## II. PROCESS OF SATURATION

A. Drink with Delight

B. Drink with Depth

C. Drink Each Day



Do not judge,  
or you too will be  
judged. For in the  
same way you  
judge others, you  
will be judged, and  
with the measure  
you use, it will be  
measured to you.

Matthew 7:1-2

**S**in to Avoid

Quit judging my co-workers

**P**romise or **P**rinciple

People will treat me like I treat them.

**A**ttitude to Adopt/Avoid

Since I want grace & patience, I should give it

**C**ommand to Obey

Do not judge.

**E**xample to Follow/Flee

Jesus is gracious to me.

### **III. PRODUCT OF SATURATION**

**A. Expected Fruit**

**B. Enduring Fruit**



I am the vine;  
you are the  
branches. If a  
man remains in  
me and I in him,  
he will bear  
much fruit; apart  
from me you can  
do nothing.

John 15:5

“Devotional study is not so much a technique as a spirit. It is the spirit of eagerness which seeks the mind of God; it is the spirit of humility which listens readily to the voice of God; it is the spirit of adventure which pursues earnestly the will of God; it is the spirit of adoration which rests in the presence of God.”

M. C. Tenney