

RESPONDING TO DISCLOSURE WITH DIRECTION

	EXPLANATION	EXAMPLES
R	<p>Retreat. Giving to God the pressure you feel to say something meaningful and praying for wisdom for you and the group to encourage this person toward faith and Christ-likeness.</p>	<ul style="list-style-type: none"> • “Lord, I know only you can change hearts.” • “Lord, I can do nothing apart from you.” • “Lord, help me cooperate with what You are doing in this person’s life.” • “Lord, please use the people in this group to minister to this person.”
E	<p>Explore. Being curious. Asking questions for the purpose of better understanding what the person is thinking, feeling and pursuing.</p>	<ul style="list-style-type: none"> • “Tell me more of what that’s been like for you.” • “How do you typically respond?” • “How have you typically responded in the past?” • “How has that kind of response worked for you?” • “As you think about this area, what is it that you <i>really</i> want?” (i.e., Better circumstances or better Character? Relief or Reflection? Happiness or Holiness?)
S	<p>Story. Helping the person view this scene or chapter of their life in the context of the larger story of God’s glory.</p>	<ul style="list-style-type: none"> • “What do you think God could be up to here?” • “What do you think faith would look like here?” • “How do you think God could use this to further His glory?” • “How do you think God could use this to help you become more like Jesus?”
T	<p>Truth. Bringing the truth of the New Covenant and other relevant biblical principles to bear on the issue.</p>	<ul style="list-style-type: none"> • “Remember that the Spirit of Jesus Christ lives in you and can respond through you.” • “Remember God’s Spirit gives you both desire & power to respond with love, faith and hope.” • “Have you ever considered how _____ relates to your situation?” • “Would you be open to hearing others read helpful passages of Scripture or simply to pray for you?”

The other alternative is (POUNCE - Opposite of REST)

- P - Point out faults
- O - Offer suggestions
- U - Understand Little
- N - Negate Feelings
- C - Criticize much
- E - Entertain with your own stories